



What Not to Post to AI

A practical privacy gut-check kids can understand before they paste, upload, or ask.

8-17

7 minutes

Privacy check

Do not paste, upload, or describe...

Full identity

Full name, birthday, address, phone number, email, student ID.

School/location clues

School name, team name, teacher name, bus route, house number, local landmarks.

Family/private problems

Arguments, medical details, finances, legal issues, discipline, screenshots of private texts.

Photos with hidden data

Uniform logos, license plates, documents on desks, faces of other kids, location hints.

Passwords or account access

Passwords, 2FA codes, API keys, recovery phrases, login screenshots.

Quick rewrite: Replace real names with roles: "my teacher" → "a teacher," "Sam at Lincoln Elementary" → "a student."

The 10-second traffic-light test

GREEN Safe to ask

General learning questions, made-up examples, public facts, practice problems without personal details.

YELLOW Ask first

Anything about school, friends, photos, emotions, health, money, or family plans.

RED Do not post

Private identity, exact location, passwords, medical/financial details, or screenshots with someone else's info.

"Before you paste it, ask: would I be comfortable with this showing up on a classroom screen? If not, stop and ask me first."

Family rule: If it identifies a real person or place, ask first.

Before your kid posts, pastes, or uploads:

1. Remove names and exact places

2. Swap real details for made-up examples

3. Ask a parent if it identifies someone

Safer prompt swaps

Instead of: "Sam at Lincoln Elementary is scared of his teacher."

Ask: "A student is nervous about a teacher. What are safe ways to talk about it?"

Instead of: uploading a real screenshot with names visible

Ask: rewrite the question with fake names first, then paste only the cleaned version.