



The “Show Me” Script

A calm way to respond when your kid says AI helped — without turning the moment into a courtroom.

Parents

2 minutes

Draft resource

1 Start curious

“Show me what the AI gave you.” Keep your voice neutral. Curiosity keeps the door open; accusation teaches kids to hide the next time.

2 Ask for understanding

“Can you walk me through why you think it is right?” You are not checking obedience first. You are checking whether learning happened.

3 Check the weak spot

“What part could you explain without the AI?” If there is a blank, that is the teaching moment — not the punishment moment.

4 Separate help from hiding

“Using a tool is not the problem. Pretending the tool did the learning is the problem.” Say the standard clearly and calmly.

5 Set the next step

“Let’s fix the weak part together, then you can finish it in your own words.” End with repair, not shame.

“Show me what the AI gave you. Can you walk me through why it is right?”

The tone

Curious first. Firm second. The goal is proof of understanding, not a confession. Keep the conversation safe enough that your kid tells you the truth next time.

If they shut down, try this

I am not mad that you used a tool

I need to know what part is yours

Let’s rebuild the part you cannot explain yet

Make it yours

Our rule: _____

We will try: _____

Ask a human when: _____