



Family AI Roles

When AI is tutor, coach, calculator, editor, brainstorm partner — and when it should stay closed.

All ages

12 minutes

Draft resource

Tutor AI explains things you do not understand yet. You practice explaining it back without the tool.

Coach AI works with you on something you are building. It asks questions, challenges assumptions, pushes you further.

Calculator AI handles the mechanical, repetitive, or time-consuming part while you focus on the thinking.

Editor AI revises something you wrote. You decide what stays, what goes, and what changes.

Brainstorm Partner AI generates options and starting points for a project you own.

“Before you open an AI tool, name the role — and keep the work for yourself.”

When AI should stay closed

Emotional processing, health decisions, family conflicts, legal questions, anything needing a human in the loop.

The three-question roles test

What role am I giving this tool?

What part am I keeping for myself?

Will I be there, or will AI?

Make it yours

Our rule: _____

We will try: _____

Ask a human when: _____